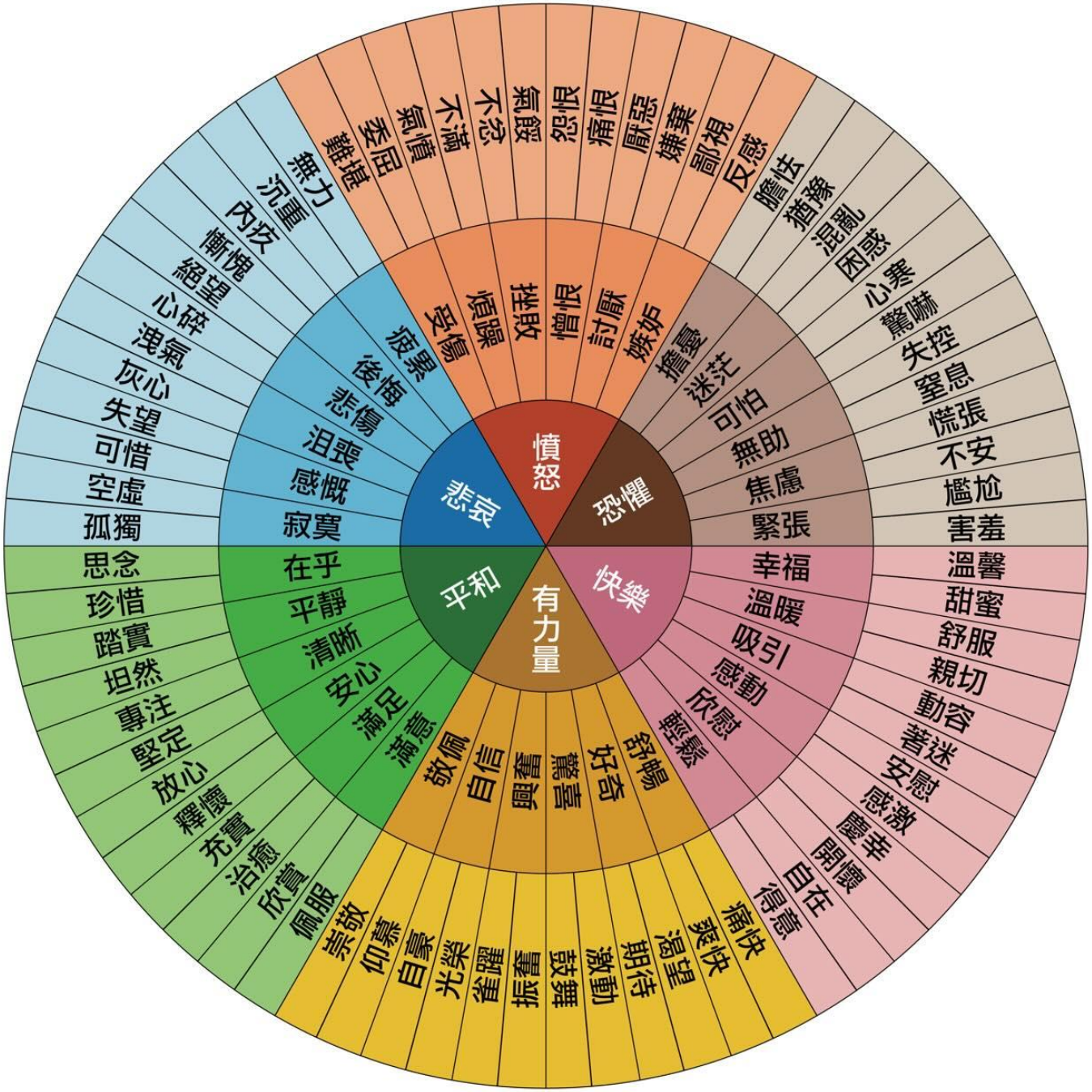

KnowAndGrow

Adapted from The Feeling Wheel, Gloria Willcox (1982)